

## 10 things to know about aphasia

@evergreenforsurvivors @HaltonPeelABI



I know what I want to say, but sometimes words come out the wrong way.



I need more time to say and do things I used to do easily.



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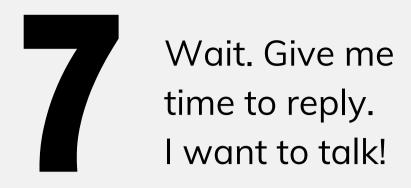
Speak slowly so my brain can process what you are saying.



## Writing key words helps me understand and remember.



I may look the same (i.e. physically), but I do have language difficulty.



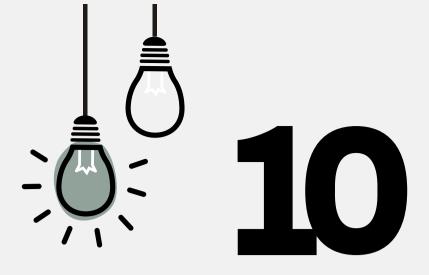


I'm still me, but different. I experienced something life altering.





It is helpful to speak to one person at a time. Speaking face-to-face in a quiet place with minimal or no distractions helps.



I get very tired and have ups and downs throughout the day. Please be patient with me. Some days are better than others.

## This is tough, and so are you.

To learn more, contact us at info@evergreen-therapy.ca

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